

Timika Simmons is Chief Executive Officer at TOMAGWA HealthCare Ministries.

For the past 31 years, TOMAGWA has been a safety net clinic providing charitable health care to low-income, uninsured residents in Harris, Montgomery and Waller counties. TOMAGWA is a gold standard award winner for hypertension control and diabetic care recognized by the American Heart Association, The American Medical Association, Omada and Americares. TOMAGWA received gold standards and advanced standards awards for quality from both the Texas Association of Charitable Clinics and the National Association of Free and Charitable Clinics. TOMAGWA also participates in cancer screenings and research in partnership with Houston Methodist, Texas A&M and Baylor College of Medicine and provides flu surveillance for Harris County Public Health. Additionally, TOMAGWA has an A-plus rated immunization program in partnership with the State of Texas.

TOMAGWA provides medical, dental, vision, lab, pharmacy and case management services through over 33,000 patient visits a year across three locations.

Ms. Simmons has been connected to TOMAGWA since 2008 when her career landed her in Tomball, TX to open a skilled nursing facility and later joined the TOMAGWA board in 2013. Prior to TOMAGWA, Ms. Simmons lead a dynamic 20-year career in health care administration, with strengths in leadership, public relations and strategic partnership. Ms. Simmons has worked for organizations such as Tomball Regional Medical Center and the Houston Methodist Hospital System with a trade focus in service line development, business development, medical practice development, footprint expansion, strategic planning, and public affairs.

Outside of her professional pursuits, Ms. Simmons also has a relentless passion for community and economic development and is actively involved in supporting local organizations through volunteer work. Ms. Simmons supports organizations like Habitat for Humanity serving as keynote speaker at their annual fashion show and “Women Build Week” helping build homes for young mothers. Ms. Simmons has served as chairman of the board for the Spring-Klein Area Chamber of Commerce, Chair of the Tomball Chamber Health and Wellness Alliance, honorary board member and chair of the Woodlands Annual Business Summit on Healthcare and the Montgomery County United Way Workplace Wellness Council.

Currently, Ms. Simmons serves as chairman of the board for NestQuest Houston – a housing program for single mothers, is a member of the Public Policy Committee for the National Association of Free and Charitable Clinics, a member of the Texas Association of Free and Charitable Clinics, a member of the Community Advisory Board for the American Heart Association, Texas A&M and Houston Methodist Cancer Center advising on strategies to reach low-income underserved families, as well as the executive advisory board for the Cancer Prevention and Research Institute of Texas (CPRIT) through the Dan L. Duncan Comprehensive Cancer Center at Baylor College of Medicine.

Ms. Simmons is a native Houstonian who grew up in the underserved community of Acers Homes in northwest Houston. She is a graduate of Lone Star Community College and the University of Houston – Downtown and is currently pursuing graduate studies at Louisiana State University in Healthcare Administration. Ms. Simmons resides in the Champions Forest community in northwest Harris County along with her three daughters Sade’, Zoe and Katelyn.